



# How do I know if my child has a problem with sensory integration?

Look for these common signs of sensory integration dysfunction:

## **Discrimination Skills**

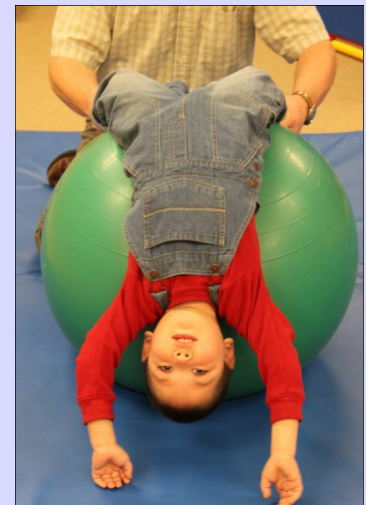
*(Correctly interpreting sensation for use by the body in an environment)*

- Poor ability to make/ maintain friends
- Difficulty learning new tasks
- Difficulty in pretend play, new play ideas
- High preference for sedentary (sit down) tasks
- Difficulty in following simple directions
- Seems to 'run out of energy' quickly when not at home
- Becomes frustrated very easily
- Clumsiness
- Enjoys and seeks out 'crash and bash' rough housing

## **Modulation Skills**

*(The amount of sensation perceived and if this perception has too little or too much impact on a child for normal functioning)*

- Is either 'on the go' or 'very slow'
- Difficulty focusing attention
- Jumps from unfinished task to other tasks
- Is very sensitive to light, sound, touch, smell, etc.
- Is a picky eater
- Unaware of the environment
- Is easily distracted by the environment
- Does not appear to 'tune in' to the surroundings



**If your child or a child you know shows signs of sensory integration dysfunction, treatment by an occupational therapist with training in sensory integration is recommended**

**Offices in Twin Falls, Burley & Bellevue**

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