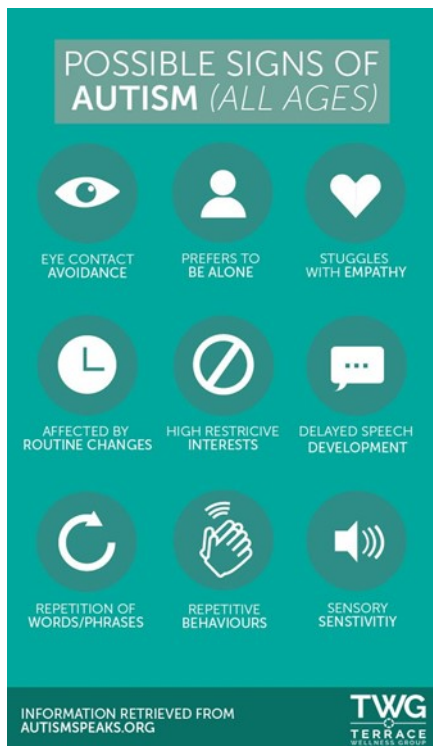




Autism is a developmental disorder with a group of impairments in verbal/nonverbal communication, behavior restrictions, social interactions, and failures to develop peer relationships.



Common signs and symptoms of Autism include:

- Attention problems
- Intellectual delays
- Anxiety
- Depression
- Aggression
- Temper tantrums
- Self-injurious behaviors
- Reduced eye contact
- Communication delays
- Hypotonicity (low muscle tone)

Autism can lead to:

- Obesity due to lack of physical inactivity
- Postural impairments in static and dynamic balance
- Movement difficulties
- Poor trunk control

Physical Therapy can help address functional deficits that can occur as a result from Autism. These can include:

- Improving balance
- Improving muscular strength and flexibility
- Improving cardiovascular endurance
- Improving gross motor and functional skills
- Improving motor planning skills



Aquatic and equine therapies have been used to help reduce antisocial and aggressive behavior and help facilitate gross motor coordination and balance

TWIN FALLS

BURLEY

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